

LIFE *at* NORTHAVEN

SENIOR HOUSING *with a heart* FALL 2021

NORTHAVEN WEST MOVES TOWARD COMPLETION

The 82 units of new independent living housing, which we are building in partnership with HumanGood, are moving along on schedule. The building is closed in, and crews are working on the interior. The top floor is nearly finished, and workers are moving down one floor at a time. The building is scheduled for completion in mid-March 2022, and we will start the rental process on December 1. **Watch our website and Facebook for rental details.**



West elevation nearly completed



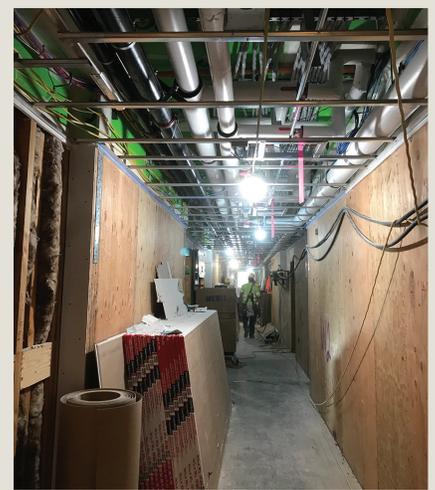
Aerial view from the northeast



Fifth floor hall being painted



Cabinets being installed in fifth floor rooms



First floor hall still showing all the plumbing and wiring

THE DORSEY AND PHYLLIS HARRIS GARDEN

A new green space has been completed and is now open to residents and their families.

An area that was once inaccessible—with concrete stairs descending a full story—has been filled in with dirt taken from the excavation for the new building to create a lovely green space.

It will be named after **Dorsey and Phyllis Harris**. Dorsey was the first maintenance director at Northaven and later served many years on the Board of Trustees. Phyllis loved to garden. They left their entire estate

to Northaven, and a portion of it has been used as the major source of funding for the new green space.

Ginger Blake, Life Enrichment Coordinator, planned a wonderful garden party for the grand opening. Residents bought tickets to be the first person to step on the new grass. The money went toward a tile to help fund the new space. The winner was **Martha Kelly**, our oldest resident, who had just turned 100. Residents were able to enjoy the new garden, soft-serve ice cream cones and live music.



Martha Kelly, our oldest resident at age 100, was the first to step on the new grass.



The garden is a welcome green space since the famous North 40 has been completely taken over as the staging ground for our new construction project and will stay that way as another building project begins in March.

In addition to the Dorsey and Phyllis Harris Estate, this project has been made possible through a \$10,000 gift from Board of Trustee member **Sarajane Siegfriedt**, the **Fund-a-Need** at last year's virtual gala, and our ongoing **Fund our Garden: Tile Campaign** (please see details below).

Fund our Garden TILE CAMPAIGN

Our new garden is open. Residents and their guests are enjoying the final days of fall walking on the path or sitting on new benches. Or just sitting and taking in the fresh outdoors in the midst of our growing urban environment. We are still, however, in the process of paying for its construction and you can still help.

YOU CAN HELP IT HAPPEN!

Buy a tile. The bricks will be attached to the wall of Northaven, and landscaping will draw attention to the wall. Your tile can honor the memory of a loved one. It can memorialize a birth or a wedding. It can bear your own name.

4 X 8 \$250	12 X 12 \$2,500	14 X 14 \$5,000
8 X 8 \$1,000		

TO ORDER A BRICK, PLEASE CONTACT

Bill Dorn, Director of Development, bdorn@northhavensenioreliving.org or 206.334.9820

ACTIVITIES RESUME WITH STRICT CORONAVIRUS PRECAUTIONS

Like all of you, our residents and staff have grown weary of masks, distancing and proof of vaccination cards. We all count ourselves very lucky, however. To date we have not had any COVID-19 cases. Residents, their families and our staff continue to work every day to keep the coronavirus at bay. Everyone must show proof of vaccination to enter our buildings.

Our staff is 100% vaccinated. All of our assisted living residents and 93% of our independent living residents are vaccinated as well. We are accepting new residents again, and they must be fully vaccinated.

We also have begun some exercise classes with small numbers of residents spread safely around the room. We resumed trips to the grocery and

other outings, keeping the numbers small for every venture. Our dining room has re-opened with the same masking rules that all of us have become accustomed to when we dare to venture out to a restaurant.

Over the summer, we happily started taking short trips with our bus. We visited outdoor spaces, including Golden Gardens, Seward Park, Woodland Park Rose Garden, Magnolia, the Locks and the neighborhoods of Edmonds, Fremont, Queen Anne and University Village.

After the last 18 months, we have welcomed the stimulation of being away from home. Opportunities to see life going on in these places, savor nature, and grab coffee or a food treat have been uplifting.



Lions and tigers and bears! It's all happening at the zoo! It was a beautiful day to take a walk on the wild side.

NEWEST BOARD OF TRUSTEES MEMBER

Evelyn Delgadillo-Contreras is the newest member of our Board of Trustees. And she has a uniquely Northaven story.

Evelyn's mother Rosa, an immigrant from Mexico, started working in our kitchen 21 years ago. She moved on to be a housekeeper and now supervises the housekeeping staff. Evelyn and her sister grew up at Northaven, running the halls and being loved by residents.

"We enjoyed coming to all the different BBQs and events that Northaven would put on. Our favorite event was when the pirates showed up at Northaven because we always received fun gifts," Evelyn recalled with a laugh.

Both sisters worked as servers in the dining room during high school.

Evelyn attended the University of

Washington on an academic scholarship and graduated this spring with a degree in Business Administration with a focus in Marketing and Information Systems. During her time at UW, she "loved taking on leadership positions because she wanted to give back to different communities that supported her during college." In her first year of college, she interned at Northaven as an Accounts Receivable/Accounts Payable intern. During her remaining three years of college, she studied while also being a leader at the Foster School of Business. She was a VP of Operations for the Association of Latino Professionals for America. She was a mentor to high school students at a program called Young Executives of Color. She taught them about the college application process and the different opportunities

a business degree can give them. She also became a founder of a student organization called First Generation Business Leaders. Her passion for increasing diversity at UW inspired her to become a Student Ambassador for the Multicultural Outreach & Recruitment. If that wasn't enough, she was also a career prep fellow for Management Leadership for Tomorrow, a national program. And now she has landed her first job as a Risk and Regulatory Associate at PricewaterhouseCoopers.

Continued on page 4



Evelyn Delgadillo-Contreras

JOIN US FOR OUR FUNDRAISING GALA



Friday
Dec. 10, 2021
6:30–8:30 PM

Wine & beer,
hors d'oeuvres,
dancing, live auction

ST. DEMETRIOS HALL
2100 Boyer Avenue East
Seattle, WA 98112



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northavenseniiorliving.org

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northavenseniiorliving.wordpress.com

Independent Living

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Assisted Living

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Thanks to generous support from our sponsors, all proceeds go directly to supporting low-income housing and supportive services at Northaven. Northaven Development is a 501(c)(3) organization. Tax ID #91-1264261

RSVP BY NOVEMBER 29

northavenseniiorliving.org



QUESTIONS? Bill Dorn | bdorn@northavenseniiorliving.org | 206-362-8077

NEWEST BOARD OF TRUSTEES MEMBER

Continued from page 3

"I will be working in the consulting line of service, providing companies with services on how to solve risk issues they might face," she said.

At 23, she is our youngest board member ever and highlights our determination to diversify our board to make it look more like the America we now live in.

"I am honored that I get to be a part of the board and provide my insights, Evelyn remarked. "I am excited to give back to a community that's

given me and my family so much."

"I am ecstatic about the effort that the board is making to diversify," she continued. "Northaven holds a special place in my heart. I have been a part of this community for 21 years, and I loved seeing how much Northaven has grown and flourished to a fantastic place that holds excellent values."

"I am grateful for all the memories I've made at Northaven and the many more I will create as a member of the Board of Trustees," Evelyn concludes.