

NORTHAVEN HOLDS COMMUNITY CONVERSATION WITH NEIGHBORHOOD MOSQUE

There is a difference between culture and Islam and people in the West frequently conflate the two. Only 10 percent of the world's Muslims are Arab. Those were just a few of the many insights from a community conversation hosted by Northaven on March 22nd, "Muslims Among Us, From Prejudice to Understanding" with Hisham Farajallah, the past President of the Islamic Center of Washington and the Secretary of the Board of Trustees of Idris Mosque just down the street from Northaven. Northaven residents and neighborhood guests engaged in a lively, thoughtful and enlightening evening of conversation. "Mr. Farajallah spoke with clarity and passion about the frustrations and remorse Muslims feel when they hear of and see the horrors being done by radical Muslims around the world," said Pastor Jeff Barker of Olympic View Community Church. Indeed, Mr. Farajallah said many of the people inflicting terror in the name of Islam are poorly educated. Some are westerners who have joined a cause with little or no understanding of Islam and the greatest number of victims are other Muslim people.



Hirsham speaks with community members following the "conversation"

Massooma Sherzoi, and her husband, Mohammed, Afghan natives who live at Northaven, appreciated Hisham's kind and thoughtful manner. She does not go to the mosque and says, "The faith is between me and God. I can pray anywhere. I pray for forgiveness, in thankfulness, for my children and most of all today for peace." She wants to ask Mr. Farajallah to return as residents have more questions and she believes that people will become more comfortable and less afraid to ask questions as they become more familiar. "When I die", she adds, "I hope he would come to a memorial event here at Northaven." The time for evening prayer came during the conversation and Hisham stopped for several minutes to pray. Resident Monica Wood found that simple and unassuming expression of faith very moving. She went on to say, "This conversation was so timely. And I got a very real sense of welcome to any service at the mosque. I had not been aware that it was so open."

Ingrid Lewison, who now lives at Northaven, recalled being a member of Lake City Christian Church and joining with other congregations in the neighborhood to take rotating shifts for many days to guard the Idris Mosque after 9/11.



FOLLOW US ON FACEBOOK

Visit our updated Facebook page and follow our blog for frequent updates. Follow your family member or friend. Learn what's happening. Get invitations to Northaven events. Thanks to volunteer Dav'ne Stahley who is bringing new life and much needed attention to our Facebook page and blog.

JOIN US ON MAY 3RD FOR GIVE BIG.

Go to: <https://givebig.seattlefoundation.org/npo/northaven-foundation> and make a gift between 12:01AM and 11:59PM and your gift to Northaven will be STRETCHED by the Seattle Foundation.

You can make your gift supporting low-income housing for seniors go further.



MARK YOUR CALENDARS...THE SUMMIT HAS HAD A CHANGE OF HEART



the 7th Annual Hearts of Northaven Gala

FRIDAY, September 30
6:30 – 10:00 P.M.
Lake City Presbyterian Church Event Center
3841 NE 123rd Street

THE ANNUAL WELLNESS FAIR - GREAT NEIGHBORHOOD TURNOUT AND THE MOST EXHIBITORS EVER.



RESIDENT PROFILE: NANCY CONNER SORBO



Nancy Sorbo and son, Steve

Looking at a mountain climbing poster, Nancy said, "I climbed Olympus (in the Olympic Range) when I was 19." Her family lived in Port Angeles where her father, Conner, was a teacher of history and English. "It was during the war", she says, "and we had to have blackout curtains on our windows".

The family later moved to Seattle and Nancy went on to become a nurse, training at the old Cabrini Hospital.

Her brush with fame was that Wing Luke – Washington's first Asian American to hold elected office - was her husband's best friend and the best man at their wedding. Sixteen months after their marriage with 4 month old twin boys, Nancy's husband died. She became a full time mom, returning to nursing when the boys were 4 and could begin pre-school and continued a 45 year career in nursing. She got focused on gerontology and worked at multiple senior living communities.

Nancy has lived at Northaven since May 2013 and loves the food. She has been a gardener all her life and maintains one of the whisky barrel gardens along our walk way. Her special pleasure is the jugs of Arnold Palmer iced tea lemonade Steve, her son, brings her from Rite Aid.

Steve, is an Apple IT consultant and Nancy loves her iPad and they are grateful to the Employee Community Fund of Boeing Puget Sound for the grant that funded the installation of Wi-Fi at Northaven.

She learned early to be thrifty and loves the Thursday bus trips to Bartell's, The Dollar Store and the 145th Street Goodwill where she buys books. Still an avid reader, she once led a Great Books reading group.

She will turn 80 in July.

EMPLOYEE PROFILE: JANET SALSBURY



Janet joined Northaven in November as a Resident Service Coordinator. A HUD funded position she time shares with Susan Cramer. Born in L.A. and raised in Orange County she moved to Oregon in the 90s for college and has never left the northwest. Janet has an MSW from the University of Washington. She lives in Seattle with her husband and 14 year old daughter and has a passion for travel.

"I'm afraid it sounds trite but what gets me going every day is helping people", she says. Janet helps members of our Northaven community navigate Medicare, doctor appointments, and a myriad of worries. She becomes the "phone ears" for those who have hearing problems and facilitates a low vision support group. She has walked stairs with community members trying to exercise, connects them with resources and helps some with mental health care. Melding her undergrad degree in landscape architecture and her social work degree, she has organized a Garden Club and bubbles over in anticipation of gardening with community members as spring arrives.



Virginia Swale, Jerri Kinard paint Tiles for the Northaven Assisted Living.

DONATE YOUR USED VEHICLE
(car, boat, truck, RV, motorcycle, snowmobile, motor-home, bus)

Call 1 (877) CARS-4-US (227-7487) EXT 3210

You can now donate your car to help provide affordable housing at Northaven.



Julie Steely, Susan Piper, Pam Abas and others visited the Kehinde Wiley exhibit at SAM.



Ann Robello (left) created a St Patrick's Day feast.